# Lincolnshire Dental Strategy

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# Our stakeholders

NHS England Midlands

Lincolnshire Integrated Care Board

**Lincolnshire County Council** 

Dental professionals – GDP, Community, Corporate

Non-dental healthcare workers

Healthwatch and patient representation

University of Lincoln

**Lincolnshire Care Association** 

# Our journey so far

August- project initiation and individual scoping conversations to develop key strategic themes

September- Teams online
workshops – thinking
about our local assets,
resources and
capabilities – Interim
paper

November- In-person stakeholder workshopdevelop desired outcomes and what's need to achieve them

Draft strategy developed, sense checked and finalised

# Logic model methodology

#### **INPUTS or STRUCTURES**

- what resources needs to be put in place to be able to start generating action and activities?
- e.g. staff, funding, buildings, services, groups/coalitions/alliances, governance, existing plans, needs assessment or existing projects/initiatives

#### **ACTIVITIES**

- How do we use these inputs what actions need to be taken with them?
- e.g. training delivery, service mapping, intelligence and information gathering, engagement and relationship building, collaboratives formed etc

#### **OUPUTS**

- What are the products that will be delivered from completing our activities?
   What is needed to deliver an outcome?
- e.g. number of staff trained/sessions delivered, number of sites identified, number of signed up staff/practices/number of schools engaged and delivering-with OHI and prevention, % of vulnerable groups receiving care, PCNs with lead dental representation etc

#### OUTCOMES

- what end-results do we want to achieve, to support each theme?
- Should be SMART (specific, measurable, achievable, relevant, with timescale)
- Over 1, 2 and 3 years
- e.g. increase staff retention, increase in % accessing care, improvement in OH indicators in our most deprived areas, reduced tooth decay in children, reduced child tooth extractions, improved care pathways integration

#### Inputs

Existing strategic partnership arrangements in key areas such as coast and Boston

Existing programmes such as distributing toothbrush packs at Holiday and Food Programme.

Evidence base showing effectiveness of prevention programmes e.g. posting fluoride toothpaste to families

Existing links with schools including via Lincolnshire Smiles programme

Ongoing work with the ICB to ensure working aged adults with autism and Learning Disabilities are included in oral heath promotion

Well-established Lincolnshire OH Advisory Group overseeing LA responsibility for OH promotiona and prevention across life course

Local Authority public health team, Lincolnshire Health & Wellbeing Board, Lincolnshire Oral health Alliance Group

#### **Activities**

Utilise existing partnerships to promote prevention messaging.

Distribute toothbrushing packs to most vulnreable (e.g. children, homeless, substance misuse) regularly

Deliver educational materials / programmes alongside equipment

Work with businesses to restrict sale of high sugar energy drinks to under 16s- adopingt OH in all policies

> Explore ways of allowing the prescribing of high-fluoride toothpaste in care homes

Engage with schools to promote healthy snacking

Promote and provide OHP education across wider non-dental health and care, inc health visitors, teachers, voluntary and community services

Educate care home staff on what they can do to support residents with oral hygiene, challenging prevailing misconceptions relating to restriction of liberties

Work with further and higher education centres, to promote messaging to students on community placements

#### Outputs

Vulnerable populations receive the equipment necessary to practice good oral hygiene

Vulnerable populations receive education and training on how to practice good oral hygiene and healthy behaviours

Young people under 16 have limited access to high sugar energy drinks

> Fewer high sugar sweets are consumed in schools

Health, care and the wider workforce have the knowledge to support people with their oral hygiene

People are supported with behaviour change interventions that support good oral health e.g. smoking cessation

#### **Short Term** Outcomes

People practice good oral hygiene and undertake preventative measures

People consume fewer high sugar items

Individuals unable to independently practice good oral hygiene are better supported to do so

#### Long Term Outcome

People experience fewer dentalrelated complications, and better oral health

People's general health is improved e.g. from a reduction in sugar intake

#### Inequalities

- · Recognition that the winter cost of living crisis will affect all, but particularly those in the from more deprived demographics. Support in terms of equipment will particularly need to be targeted to these
- The prevalence of dental caries is linked with social and economic
- There is also an East / West divide in the county of 5 year olds experiencing dental decay, with highest levels in Boston.
- · The National Dental Epidemiology Programme (NDEP) surveys provide information on the oral health of the Lincolnshire population and the health inequalities that exist.

# Golden thread and key enablers

 Addressing inequalities in dental care access and oral health outcomes is the 'golden thread' running through all four themes



# Enablers of our strategy

Data, intelligence, insights, evidence and evaluation

Leadership and engagement- a collective 'can-do, will-do' effort

Culture change- valuing and maximising the potential and inclusion of our people







# Lincoln workshop- 30 November 2022

# Lincolnshire patients and the public at the heart of everything we do

Identifying and taking positive action of health inequalities in oral health and dental care services-guided by CORE20PLUS5

#### Developing the dental workforce

Enrich the well-being, capability and engagement of the dental workforce in Lincolnshire

## Access to dental services

Improve access, experience
and quality of dental care
for the Lincolnshire
population through
continued investment in
access improvement
schemes, innovation, use
of best practice, and
eliminating waste

## Step-up of prevention

Improve population health, oral health and wellbeing through a greater focus on prevention

### Integration of oral health

Create better integration between oral health and general health and wellbeing, making good oral health everyone's business across Lincolnshire

Maximising the use of evidence, data and intelligence to improve oral health and access to dental services

Enhancing leadership and creating an environment that fosters developing a culture of pride and accomplishment within all members of dental teams





## Lincolnshire Dental Strategy 2023-2026 - Write-Up (Draft Themes)

## Next steps:







Set up implementation group



Staged and detailed implementation and delivery plan

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